



Since 2003

Karupa Foundation Education and Research Centre

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Activity Report

Breaking Down the Societal Taboos Surrounding Menstruation

Date	28.05.2024 and 29.05.2024
Purpose	Awareness
Venue	Coimbatore
About the Programme	<p>Karupa Foundation and Karpagam Academy of Higher Education jointly organized the program on breaking down the societal taboos surrounding menstruation at JJ Nagar, Government School, Mathukarai, Coimbatore.</p> <p>On Day 1, Mrs Harshita Upadhyay, a Member of Globalhunt Foundation, graced the event as the chief guest, shedding light on the crucial issue of breaking taboos surrounding menstruation. The event aimed to raise awareness and initiate discussions on menstrual health and hygiene, challenging the stigma associated with menstruation.</p> <p>On Day 2, Capt.Dr.K.P.Sridhar, Managing Trustee, Karupa Foundation, emphasized the foundation's focus on menstrual health and hygiene as a crucial component of their community outreach programs. He stressed the significance of collaborative efforts in addressing social issues effectively.</p>

